

	Comment	Serving (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fiber (g)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Side included?
Bongo Burgers- Bacon Mozzarella Burger	1 burger	11.6 oz	896	40	42	2	63	20.9	2.5	854	no
Bongo Burgers- Bacon Mozzarella Burger, Jungle Size	1 burger	17.5 oz	1376	66	42	2	105	36.9	5.0	964	no
Bongo Burgers- BBQ Bacon Cheddar	1 burger	11.8 oz	885	38	49	2	59	20.0	2.5	1147	no
Bongo Burgers- BBQ Bacon Cheddar, Jungle Size	1 burger	17.7 oz	1365	64	49	2	101	36.0	5.0	1257	no
Bongo Burgers- Chipotle Steakhouse Burger	1 burger	13.5 oz	1123	40	53	3	83	21.4	2.5	1049	no
Bongo Burgers- Chiptole Steakhouse Burger, Jungle Size	1 burger	19.5 oz	1603	66	53	3	125	37.4	5.0	1159	no
Bongo Burgers- Hungry Hippo	1 burger	12.8 oz	895	39	50	2	60	20.0	2.5	1330	no
Bongo Burgers- Hungry Hippo, Jungle Size	1 burger	18.7 oz	1375	65	50	2	102	36.0	5.0	1440	no
Bongo Burgers- Inferno Burger	1 burger	13.1 oz	971	40	53	4	66	21.7	2.5	1586	no
Bongo Burgers- Inferno Burger, Jungle Size	1 burger	19.1 oz	1451	66	53	4	108	37.7	5.0	1696	no
Bongo Burgers- Normie Burger	1 burger	13.7 oz	993	38	52	2	70	20.0	2.7	1277	no
Bongo Burgers- Normie Burger, Jungle Size	1 burger	19.6 oz	1473	64	52	2	112	36.0	5.2	1387	no
Bongo Burgers - "The Canadian" Burger	1 burger	16.3 oz	1191	59	61	3	79	31.3	1.0	1934	no
Bongo Burgers- The Headhunter	1 burger	27.9 oz	2048	98	55	2	160	58.1	7.5	2118	no
Bowls & Salads- Apple Pecan Chicken Salad	1 order	20.5 oz	857	58	60	9	46	8.5	0.0	1465	n/a
Bowls & Salads- Cajun Chicken Caesar Salad	1 order	13.0 oz	831	65	31	3	37	8.6	0.7	1729	baguette
Bowls & Salads- Cajun Chicken Caesar Salad, Cajun Jumbo Shrimp	1 order	11.2 oz	694	35	32	3	34	7.3	0.7	1489	baguette
Bowls & Salads- Fresh-Mex Fajita Bowl	1 order	22.3 oz	1042	51	182	10	14	3.7	0.1	3855	n/a
Bowls & Salads- Jungle Chicken Salad	1 order	23.9 oz	883	65	42	9	54	12.3	0.1	1908	baguette
Bowls & Salads - Greek Salad	1 order	14.6 oz	435	12	55	7	21	5.0	0.1	1093	baguette
Bowls & Salads - Greek Salad with Chicken Breast	1 order	18.4 oz	645	51	58	6	26	6.3	0.2	1700	baguette
Bowls & Salads - Honey Garlic Chicken Bowl	1 order	18.6 oz	639	30	106	4	10	0.9	0.0	1074	n/a
Bowls & Salads - Viva Las Vegans Bowl	1 order	20.9 oz	428	13	84	10	6	0.3	0.0	545	n/a
Breakfast- Bacon & Cheese Skillet	1 order	18.0 oz	1096	34	83	7	69	17.3	2.4	1843	Texas toast
Breakfast- Bacon, Egg and Cheeser	1 order	14.6 oz	947	34	76	5	56	17.4	0.9	2086	hashbrowns
Breakfast - Breakfast Poutine	1 order	24.5 oz	1612	46	116	9	110	40.8	2.6	3465	hashbrowns
Breakfast- Breakfast Quesadilla	1 order	19.3 oz	1098	36	85	7	68	20.8	1.1	2320	hashbrowns
Breakfast- Classic Jungle Breakfast (fried eggs)	1 order	15.5 oz	1123	30	79	6	77	17.9	1.2	1816	bacon
Breakfast - Eggs Jimmy	1 order	17.4 oz	1143	44	81	6	74	27.1	1.5	3082	hashbrowns
Breakfast - Hungry Hippo Breakfast	1 order	13.2 oz	977	39	49	4	68	20.0	1.5	1754	Texas toast
Breakfast- Safari Kid's Breakfast (fried egg)	1 order	5.4 oz	363	13	24	2	24	6.6	0.5	546	bacon (juice not included)
Breakfast - Steak & Eggs	1 order	20.4 oz	1101	68	78	6	55	16.4	0.7	4308	hashbrowns, Texas toast
Breakfast- Western Breakfast Quesadilla	1 order	20.4 oz	1072	45	89	7	58	18.6	1.0	3255	hashbrowns
Breakfast Add Ons- 2 Eggs	1 order	3.2 oz	178	12	1	0	14	3.7	0.6	303	n/a
Breakfast Add Ons- 2 Slices Texas Toast	1 order	3.3 oz	280	7	40	2	10	1.5	0.5	390	n/a
Breakfast Add Ons- 3 Sausages	1 order	2.6 oz	240	9	5	1	20	7.0	0.2	610	n/a
Breakfast Add Ons- 3 Strips of Bacon	1 order	1.6 oz	180	5	0	0	18	6.0	0.0	300	n/a
Chicken- Bahama Mama Stir Fry	1 order	25.3 oz	769	39	112	7	17	1.5	0.1	1709	baguette
Chicken- Bahama Mama Stir-Fry, 6 Jumbo Shrimp	1 order	26.5 oz	761	34	113	7	16	1.1	0.1	1703	baguette
Chicken- Chicken Taquitos Platter, Baked	1 order	13.5 oz	659	35	78	5	21	10.1	0.1	1536	no
Chicken- Chicken Taquitos Platter, BBQ	1 order	12.0 oz	681	33	93	6	19	8.6	0.1	2049	no
Chicken- Chicken Taquitos Platter, Fried	1 order	13.9 oz	738	35	78	5	30	10.8	0.2	1536	no
Chicken- Monkey Finger Platter	1 order	21.2 oz	1229	23	140	6	65	4.9	0.5	1559	no
Chicken- Seven-Veggie Stir Fry	1 order	25.2 oz	669	15	116	9	15	0.8	0.1	1501	baguette
Desserts - Apple Crisp	1 order	9.0 oz	632	5	101	4	24	10.7	0.2	364	n/a
Desserts- Berry Chimi Cheesecake	1 order	10.4 oz	865	21	133	3	26	11.7	0.1	1052	n/a
Desserts- Chimi Cheesecake Bites	1 order	7.3 oz	614	15	98	2	18	8.0	0.1	723	n/a

Desserts- Chocolate Chip Chimi Cheesecake	1 order	10.5 oz	949	21	140	3	34	19.0	0.1	1009	n/a
Desserts- Cinnamon-Sugar Coated Caramel Apple Chimi Cheesecake	1 order	11.0 oz	930	22	149	3	27	12.1	0.1	1095	n/a
Desserts - Mex-Fried Ice Cream	1 order	9.7 oz	766	14	159	3	11	5.1	0.2	1103	n/a
Desserts- Ooey Goey Brownie Sundae	1 order	12.1 oz	746	7	108	3	33	17.3	0.4	435	n/a
Desserts - Sticky Toffee Pudding Cake	1 order	8.8 oz	795	6	124	2	31	19.4	0.4	489	n/a
Desserts- White Chocolate Brownie Cheesecake	1 order	8.3 oz	894	9	64	3	46	25.2	1.0	195	n/a
Handhelds- California Chicken Wrap	1 order	19.6 oz	876	70	69	7	37	9.3	0.1	2525	no
Handhelds- Chipotle Chicken Tacos	1 order	8.7 oz	541	31	44	1	28	1.1	0.0	1101	no
Handhelds- Crispy Fish Tacos	1 order	9.8 oz	599	23	49	3	30	4.6	0.1	1250	no
Handhelds - Inferno Crunch	1 order	11.8 oz	910	51	65	4	48	11.6	0.2	1341	no
Handhelds- Jungle Cheese Steak	1 order	24.6 oz	962	64	87	9	44	19.1	0.2	1439	no
Handhelds- Jungle Crunch	1 order	11.7 oz	653	49	57	2	24	1.6	0.1	1312	no
Handhelds- Safari Club	1 order	14.7 oz	866	69	86	4	26	6.7	0.0	2167	no
Handhelds- Safari Wrap	1 order	17.6 oz	853	68	77	4	30	9.3	0.1	2739	no
Jim's Favourite Add-Ons- 4 Bacon Wrapped Scallops	1 order	3.8 oz	345	15	2	0	31	6.7	0.1	374	n/a
Jim's Favourite Add-Ons- 4 Buffalo Wings (no sauce)	1 order	4.0 oz	244	14	6	0	18	4.0	0.1	500	n/a
Jim's Favourite Add-Ons- 4 Jumbo Shrimp	1 order	2.8 oz	80	14	1	0	1	0.2	0.0	152	n/a
Jim's Favourite Add-Ons- Mushrooms and Onions	1 order	5.0 oz	280	2	7	2	27	2.1	0.4	5	salsa, sour cream
Jim's Favourite Add-Ons- Sour Cream & Onion Rings	1 order	5.1 oz	314	4	42	2	15	1.7	0.1	1076	n/a
Mexican - Chicken Fajitas	1 order	31.4 oz	1164	77	141	8	30	11.7	0.1	3092	Uncle Ben's Mex rice
Mexican - Chicken Quesadillas	1 order	11.2 oz	579	34	49	3	26	13.2	0.3	1398	no
Mexican - Mexi-Combo	1 order	17.0 oz	956	47	77	4	48	18.7	0.4	2669	n/a
Mexican - Sirloin Steak Fajitas	1 order	32.1 oz	1310	63	142	8	50	20.0	0.1	2751	Uncle Ben's Mex rice
Mexican - Veggie Fajitas	1 order	26.5 oz	1012	37	168	10	22	10.0	0.1	3266	Uncle Ben's Mex rice
Mexican - Veggie Quesadillas	1 order	9.3 oz	496	20	47	3	25	12.7	0.3	1094	no
Mexican- Chipotle Chicken Tacos	1 order	9.7 oz	611	32	54	3	29	2.9	0.0	1251	no
Pasta - Bruschetta Chicken Parmesan	1 order	29.9 oz	2040	68	321	18	51	19.8	0.7	3234	n/a
Pasta- Chicken Linguine Carbonara	1 order	12.8 oz	757	51	61	5	34	15.4	0.5	1947	n/a
Pasta- Linguine Alfredo	1 order	7.4 oz	452	14	58	5	18	8.2	0.4	1084	n/a
Pasta- The Godfather	1 order	10.4 oz	581	40	58	5	20	9.1	0.4	1319	n/a
Safari Kids- Alfredo Pasta	1 order	6.9 oz	405	12	56	5	15	6.1	0.2	862	baguette
Safari Kids- Apple Slices & Caramel Dip	1 order	7.7 oz	290	1	66	3	3	0.9	0.0	186	n/a
Safari Kids- Baked Chicken Rappers	4 pieces	6.3 oz	589	19	43	2	36	8.5	0.1	1123	no
Safari Kids- Baked Chicken Rappers, Whole Wheat	4 pieces	6.3 oz	579	21	41	4	36	8.2	0.1	1027	no
Safari Kids- BBQ Chicken Rappers	4 pieces	7.4 oz	649	20	58	3	36	8.5	0.1	1603	no
Safari Kids- BBQ Chicken Rappers, Whole Wheat	4 pieces	7.4 oz	639	21	56	5	36	8.2	0.1	1507	no
Safari Kids- Bongo Burger	1 burger	4.4 oz	370	16	38	1	17	4.5	0.3	560	no
Safari Kids-Curly Fries, Side	1 order	5.0 oz	229	3	34	2	9	2.2	0.1	500	n/a
Safari Kids- Fish & Chips (fish only)	fish only	3.7 oz	194	16	6	0	11	0.8	0.1	302	no
Safari Kids- G'rilla Cheese Sandwich	1 order	4.8 oz	412	15	43	2	19	7.3	0.5	1052	no
Safari Kids- Jungle Mac N Cheese	1 order	8.6 oz	473	15	36	4	18	7.9	0.5	1235	baguette
Safari Kids - Kids Cheese Pizza	1 order	10.5 oz	710	19	76	3	36	9.8	0.5	1165	curly fries
Safari Kids- Kid-Sized Salad, Side	1 order	6.9 oz	274	2	8	3	26	3.8	0.0	444	n/a
Safari Kids- Monkey Fingers	2 pieces	4.4 oz	296	8	41	0	11	0.8	0.1	773	no
Safari Kids- Safari Buddies	4 pieces	5.6 oz	372	10	43	0	18	2.9	0.2	665	no
Safari Kids- Smartie Pantz Sundae	1 order	3.9 oz	230	2	36	1	9	6.0	0.1	115	n/a
Safari Kids- Veggie Stix 'n' Ranch Dip, Side	1 order	4.7 oz	265	1	7	1	26	3.8	0.0	428	n/a
Safari Lunch- BLT & French Onion Soup	1 order	18.3 oz	860	25	61	5	49	15.3	0.4	1686	n/a
Safari Lunch- Chicken Quesadillas	1 order	11.2 oz	579	34	49	3	26	13.2	0.3	1398	no

Safari Lunch- Chipotle Chicken Tacos	1 order	9.7 oz	611	32	54	3	29	2.9	0.0	1251	n/a
Safari Lunch- Crispy Chipotle Wrap	1 order	17.6 oz	794	44	73	6	36	8.5	0.1	2257	no
Safari Lunch- English-Style Fish & Chips (1 piece)	1 order	18.4 oz	966	23	90	6	57	4.1	0.5	872	home fries
Safari Lunch- French Onion Soup and Grilled Bacon Cheese	1 order	19.0 oz	808	31	68	5	47	18.0	1.0	2334	no
Safari Lunch - Fresh-Mex Fajita Bowl	1 order	22.3 oz	1042	51	182	10	14	3.7	0.1	3855	n/a
Safari Lunch - Honey Garlic Chicken Bowl	1 order	18.6 oz	639	30	106	4	10	0.9	0.0	1074	n/a
Safari Lunch - Jungle Cheeseburger	1 burger	12.5 oz	970	41	47	2	68	25.2	0.0	1162	no
Safari Lunch - Lunch-size Ribs	1 order	14.8 oz	787	50	41	4	48	17.1	0.4	2001	n/a
Safari Lunch- Lunch-Size Chicken Taquitos, Baked	1 order	7.9 oz	413	22	49	3	13	6.2	0.1	904	no
Safari Lunch- Lunch-Size Chicken Taquitos, BBQ	1 order	9.1 oz	474	23	63	3	13	6.2	0.1	1344	no
Safari Lunch- Lunch-Size Chicken Taquitos, Fried	1 order	8.1 oz	465	22	49	3	19	6.7	0.1	904	no
Safari Lunch- Lunch-Size Wings & Taquitos	1 order	10.4 oz	555	27	48	1	26	7.8	0.2	1781	no
Safari Lunch - Small BBQ Chicken Nachos	1 order	15.5 oz	939	40	75	5	51	16.6	0.3	2114	n/a
Safari Lunch - Viva Las Vegans Rice Bowl	1 order	20.9 oz	428	13	84	10	6	0.3	0.0	545	n/a
Seafood- Fish & Chips	1 order	22.8 oz	1205	39	98	6	73	5.0	0.6	1444	home fries
Seafood- Great Big Splash	1 order	15.1 oz	874	47	19	2	67	7.8	0.2	1686	steamed veggies
Seafood- Pan-Fried Cod	1 order	15.5 oz	813	49	21	2	58	6.7	0.2	1422	steamed veggies
Seafood- Surf & Turf	1 order	17.7 oz	1110	76	8	2	85	20.9	0.1	959	steamed veggies
Side Dishes- Caesar Salad	1 order	3.8 oz	250	8	16	1	16	4.5	0.2	652	n/a
Side Dishes- Greek Salad	1 order	6.6 oz	219	6	12	2	17	6.0	0.0	863	n/a
Side Dishes- Green Salad	1 order	9.8 oz	124	9	13	4	6	2.0	0.1	744	n/a
Side Dishes- Home Cut Fries	1 order	10.9 oz	605	6	70	5	33	2.6	0.2	102	n/a
Side Dishes- Sweet Balsamic Mixed Greens	1 order	3.3 oz	101	1	7	1	7	1.0	0.0	333	n/a
Side Dishes- Uncle Ben's Mex Rice	1 order	7.0 oz	216	2	47	0	2	0.0	0.0	897	n/a
Snack Attacks - Calamari	1 order	7.5 oz	473	20	33	0	30	0.0	0.0	1247	n/a
Snack Attacks- Buffalo Wings	1 order	8.0 oz	488	28	11	0	37	8.0	0.3	1000	n/a
Snack Attacks- Buffalo Wings, Buffalo Ranch	1 order	10.0 oz	692	28	21	0	54	10.5	0.3	1703	n/a
Snack Attacks- Buffalo Wings, Honey Garlic	1 order	10.1 oz	576	28	33	0	37	8.0	0.3	1344	n/a
Snack Attacks- Buffalo Wings, Hot & Honey	1 order	10.0 oz	557	28	27	0	37	8.0	0.3	1889	n/a
Snack Attacks- Buffalo Wings, Hot Buffalo	1 order	10.0 oz	538	28	21	0	37	8.0	0.3	2434	n/a
Snack Attacks- Buffalo Wings, Medium Buffalo	1 order	10.0 oz	571	29	28	0	37	8.0	0.3	1900	n/a
Snack Attacks- Buffalo Wings, Mild Buffalo	1 order	10.0 oz	588	29	35	0	37	8.0	0.3	1567	n/a
Snack Attacks- Buffalo Wings, Original BBQ	1 order	10.0 oz	585	28	34	0	37	8.0	0.3	1704	n/a
Snack Attacks- Buffalo Wings, Salt & Vinegar	1 order	8.0 oz	488	28	11	0	37	8.0	0.3	1608	n/a
Snack Attacks- Buffalo Wings, Salted Maple	1 order	10.5 oz	806	37	26	2	61	12.9	0.6	1460	n/a
Snack Attacks- Buffalo Wings, Seasoning Salt	1 order	8.1 oz	488	28	11	0	37	8.0	0.3	1760	n/a
Snack Attacks- Buffalo Wings, Sour Cream & Onion	1 order	8.0 oz	493	28	12	0	37	8.0	0.3	1180	n/a
Snack Attacks- Buffalo Wings, Super Hot	1 order	10.1 oz	547	28	23	0	37	8.0	0.3	3542	n/a
Snack Attacks- Buffalo Wings, Sweet & Spicy Thai	1 order	10.0 oz	601	28	38	0	37	8.0	0.3	1397	n/a
Snack Attacks- Buffalo Wings, Wild Buffalo	1 order	10.4 oz	797	37	23	2	61	12.9	0.6	1492	n/a
Snack Attacks- Caesar Salad	1 order	4.4 oz	311	9	22	2	21	4.5	0.2	758	n/a
Snack Attacks- Chicken Taquitos, Baked	1 order	10.4 oz	591	32	70	4	19	8.6	0.1	1329	n/a
Snack Attacks- Chicken Taquitos, BBQ	1 order	12.0 oz	681	33	93	6	19	8.6	0.1	2049	n/a
Snack Attacks- Chicken Taquitos, Fried	1 order	10.7 oz	671	32	70	4	27	9.3	0.2	1329	n/a
Snack Attacks- Crispy Home-Style Wings	1 order	10.4 oz	792	37	22	2	61	12.9	0.6	1336	n/a
Snack Attacks- Crispy Home-Style Wings, Buffalo Ranch	1 order	12.4 oz	995	37	32	2	79	15.4	0.6	2040	n/a
Snack Attacks- Crispy Home-Style Wings, Honey Garlic	1 order	12.4 oz	880	38	44	2	61	12.9	0.6	1681	n/a
Snack Attacks- Crispy Home-Style Wings, Hot & Honey	1 order	12.4 oz	861	38	38	2	61	12.9	0.6	2226	n/a
Snack Attacks- Crispy Home-Style Wings, Hot Buffalo	1 order	12.4 oz	842	37	32	2	61	12.9	0.6	2771	n/a

Snack Attacks- Crispy Home-Style Wings, Medium Buffalo	1 order	12.4 oz	875	38	39	2	61	12.9	0.6	2237	n/a
Snack Attacks- Crispy Home-Style Wings, Mild Buffalo	1 order	12.4 oz	892	38	46	2	62	12.9	0.6	1903	n/a
Snack Attacks- Crispy Home-Style Wings, Original BBQ	1 order	12.4 oz	889	38	46	3	62	12.9	0.6	2040	n/a
Snack Attacks- Crispy Home-Style Wings, Salt & Vinegar	1 order	10.4 oz	792	37	22	2	61	12.9	0.6	1944	n/a
Snack Attacks- Crispy Home-Style Wings, Seasoning Salt	1 order	10.4 oz	792	37	22	2	61	12.9	0.6	2096	n/a
Snack Attacks- Crispy Home-Style Wings, Sour Cream & Onion	1 order	10.4 oz	797	37	23	2	61	12.9	0.6	1516	n/a
Snack Attacks- Crispy Home-Style Wings, Super Hot	1 order	12.4 oz	851	37	34	2	61	12.9	0.6	3878	n/a
Snack Attacks- Crispy Home-Style Wings, Sweet & Spicy Thai	1 order	12.4 oz	905	37	49	2	61	12.9	0.6	1733	n/a
Snack Attacks- Crocodile Skins	1 order	20.0 oz	1016	34	91	9	57	16.9	0.5	1387	n/a
Snack Attacks- Deep-Fried Pickles	1 order	7.5 oz	403	4	38	1	26	2.1	0.2	1455	n/a
Snack Attacks- French Onion Soup	1 order	5.1 oz	456	21	57	4	21	8.1	0.0	1483	n/a
Snack Attacks- Greek Salad	1 order	7.9 oz	331	7	15	2	27	7.5	0.0	434	n/a
Snack Attacks- Guacamole, Jungle Size	1 order	4.0 oz	151	4	11	8	13	0.0	0.0	454	n/a
Snack Attacks- Guacamole, Regular Size	1 order	1.7 oz	66	2	5	3	6	0.0	0.0	198	n/a
Snack Attacks- Home-Cut Fries	1 order	11.0 oz	605	6	70	5	33	2.6	0.2	862	n/a
Snack Attacks- Jungle Poutine	1 order	13.4 oz	864	20	80	5	50	13.1	0.2	1231	n/a
Snack Attacks- Jungle Rings	1 order	11.2 oz	868	8	83	3	57	5.5	0.4	2731	n/a
Snack Attacks - Jungle Trio	1 order	30.5 oz	1399	44	184	14	55	13.7	0.3	8546	n/a
Snack Attacks- Mozzarella Cheese Sticks	1 order	7.3 oz	671	22	47	0	43	12.7	0.6	1319	n/a
Snack Attacks- Spinach Dip	1 order	11.1 oz	740	16	66	3	41	18.7	0.9	915	n/a
Snack Attacks- Spudmania!	1 order	14.8 oz	1049	24	51	4	82	19.4	0.4	3738	n/a
Snack Attacks- Super Super Nachos	1 order	25.7 oz	1441	47	125	9	77	32.6	0.6	3016	n/a
Snack Attacks - Super Super Nachos, Chipotle Chicken Nachos	1 order	22.4 oz	1566	60	129	8	85	32.2	0.9	3442	n/a
Snack Attacks- Super Super Nachos, Spicy Beef	1 order	28.2 oz	1606	57	128	10	91	36.9	1.3	3294	n/a
Snack Attacks- Super Super Nachos, Tex-Mex Chicken	1 order	25.8 oz	1445	47	125	9	77	32.7	0.6	3028	n/a
Snack Attacks- Sweet Balsamic Mixed Greens	1 order	3.3 oz	101	1	7	1	7	1.0	0.0	333	n/a
Snack Attacks- Sweet Potato Fries	1 order	9.2 oz	818	3	61	4	62	3.5	0.4	604	n/a
Snack Attacks- The Bathroom Sink	1 order	18.4 oz	1139	38	109	4	61	12.8	0.6	4310	n/a
Snack Attacks- The Kitchen Sink	1 order	52.4 oz	3581	92	354	25	200	35.1	1.7	8932	n/a
Steak 'n' Ribs- Monster Grill	1 order	38.2 oz	2293	165	47	2	160	52.2	1.0	4430	n/a
Steak 'n' Ribs- New York Striploin Steak, 12-oz	1 order	15.4 oz	917	70	7	2	66	22.1	0.0	1518	steamed veggies
Steak 'n' Ribs- New York Striploin Steak, 8-oz	1 order	11.2 oz	655	47	7	2	48	14.1	0.0	942	steamed veggies
Steak & Ribs - Ribs & Shrimp	1 order	22.3 oz	1213	97	40	3	75	28.3	0.5	2695	coleslaw
Steak & Ribs - Ribs & Taquitos	1 order	32.1 oz	1735	117	103	7	95	38.2	0.6	3625	coleslaw
Steak & Ribs - Ribs & Wings	1 order	25.2 oz	1416	103	53	2	90	32.1	0.6	3469	coleslaw
Steak 'n' Ribs- St. Louis-Style Ribs, Half Rack	1 order	20.3 oz	1138	82	34	1	77	28.3	0.5	2003	coleslaw
Steak 'n' Ribs- St. Louis-Style Ribs, Jungle Rack	1 order	37.7 oz	2153	164	57	1	145	55.9	0.9	3808	coleslaw

Notes:

Menu item analysis includes all additions provided with meal, such as sauces, salad dressings, sour cream, salsa, cheese, and baguette, where applicable. Unless otherwise stated, menu item does not include starch sides (e.g. fries, potato). These items must be added separately and can be found under 'Sides.'

Ingredient substitutions can be made by Jungle Jim's without prior notice, which may result in minor variations from nutrition information provided.

Substitutions or special requests made on behalf of guest will result in variations of nutrition information provided.

Actual nutritional content of recipes may vary depending on several factors including, but not limited to: ingredient brand, accuracy of measurements, physical changes during the cooking process, nutrient losses or gains during cooking, and serving sizes. Due to variations in ingredients and measurements, values are approximations and cannot be verified or guaranteed. Oil uptake in deep fried food items have been estimated based on average values of similar products from industry standard databases listed above. Natural variations in deep frying process (e.g. time, temperature) may result in minor alterations to nutrition information provided, particularly to calories and fat. Nutrition information has been derived using nutrient data from suppliers and industry standard databases, including the Canadian Nutrient File and National Nutrient Database for Standard Reference from the United

States Department of Agriculture (USDA). Nutrition data has been collected and calculated by a registered dietitian. This nutrition data is used along with the professional judgement of the person performing the calculation. Although the information has been calculated by a registered dietitian, this information is not a substitute for medical advice, personal health evaluation, or professional recommendation. It should not be used in the treatment of medical conditions. This data should be interpreted and used at your own risk. We are not responsible for any loss, adverse reactions, or illness resulting in your reliance on this content.  
Nutrient analysis compiled April 9 2022